

Radford University Bachelor of Science in Exercise, Sport and Health Education: Physical & Health Education

Associate Transfer Degree Plan in Teaching Specializations

TRANSFER GUIDE
Catalog Years: 2025-2026

COURSE REQUIREMENTS

Complete at VCCS				Complete at Radford University		
BACHELOR'S DEGREE REQUIREMENT		SATISFIED BY		BACHELOR'S DEGREE REQUIREMENT		
Course	Credits	CC Course	Notes	Course	Credits	Notes
Elective	1-2	SDV 100 College Success Skills or 101 Orientation		ESHE 210 Introduction to Teaching K-12 Physical Education	2	
ENGL 111 Principles of College Composition	3	ENG 111 College Comp I		ESHE 294 Motor Development	3	
ENGL 112 Critical Reading and Writing in the Digital Age	3	ENG 112 College Comp II		ESHE 301 Theory and Practice of Fitness/Wellness	3	
General Education	3	Any UCGS Art or Humanities		ESHE 302 Theory and Practice of Individual/Dual Activities	3	
General Education	3	Any UCGS Literature		ESHE 304 Theory and Practice of Team Sport Activities	3	
General Education	3	Any UCGS History		ESHE 307 Theory and Practice of Movement Concepts and Skill Themes	3	
PSYC 121 Introduction to Psychology	3	PSY 200 Principles of Psychology		ESHE 371 Effective Teaching Skills in Physical Education	3	
General Education	4	BIO 101 General Bio I		ESHE 374 Behavior Management in Physical Education	3	
MATH 100 Quantitative Reasoning or MATH 125 Precalculus I	3	MTH 154 Quantitative Reasoning or MTH 161 Precalculus I		ESHE 391 Exercise Science	3	
General Education	3	CST 100 Public Speaking or 110 Human Comm		HLTH 465 Exercise, Performance and Nutrition	3	
EDEF 300 Human Development and Learning: Birth through Adolescence	3	PSY 230 Dev Psychology or EDU 207 Human Growth and Development		ESHE 380 Methods of Teaching Elementary Physical Education	3	

EDEF 320 Introduction to Professional Education	3	EDU 200 Foundations of Education	20 hour Field Placement required	ESHE 384 Methods of Teaching Secondary Physical Education	3	
EDSP 361 Introduction to Students with Diverse Learning Needs and the Special Education Process	3	EDU 250 Foundations of Exceptional Education		ESHE 385 Teaching Physical Education for Inclusion	3	
EDUC 370 Introduction to Multicultural Education	3	EDU 204 Teaching in a Diverse Society	20 hour Field Placement required	ESHE 386 Applied Physical Education Assessment	3	
EDET 445 Integration of Educational Technology	3	EDU 280 Technology for Educators		HLTH 382 Methods of Teaching K-12 Health Education	3	
HLTH 200 Wellness Lifestyle	3	HLT 110 Pers & Comm Health		HLTH 363 School Health	3	
Elective	3	HLT 230 Principles of Nutrition		EDRD 416 Content and Disciplinary Literacy Instruction	3	
BIO 310 Human Structure and Function I	4	BIO 141 Anat & Phys I or BIO 145 Basic Human Anat & Phys		ESHE 453 Student Teaching in Physical Education Grades K-12	12	
STAT 130 Understanding Statistics in Society or STAT 200 Introduction to Statistics	3	MTH 155 Statistical Reasoning or MTH 245 Statistics				
Elective	3	EDU 114-214 Drivers Education or HLT 206 Kinesiology or Activity courses		Praxis II: Health and Physical Education: Content Knowledge (5857)		Students must pass Praxis II and any other licensure assessment required by the Virginia Department of Education prior to entering student teaching.
CREDITS PRE-TRANSFER: 60-61				CREDITS POST-TRANSFER: 62		

TRANSFER GUIDANCE

Radford University and VCCS Guaranteed Admission Agreement

By meeting the following criteria, students who complete the prescribed curriculum and meet the criteria below are guaranteed admission into Radford University.

- Earn a transferable associate degree.
- Earn a minimum of 2.8 cumulative GPA.
- Good academic standing at current institution.

Please visit the [TransferVirginia.org](https://www.transfervirginia.org) portal to find course requirements for different majors and **Transfer Guides** that outline course requirements for specific majors.

IMPORTANT LINKS & DATES:

- **University Transfer Center:** <https://admissions.radford.edu>
- **Admission Application:** By March 1 for priority fall admission and November 1 for priority spring admission at <https://www.radford.edu/admissions/apply/index.html>
- **Financial Aid:** <https://www.radford.edu/fin-aid>, FAFSA priority deadline March 1.
- **FAFSA - Free Application for Federal Student Aid:** <https://studentaid.gov>

WHAT SHOULD I CONSIDER WHEN SELECTING COURSES?

- Create a schedule for all required courses, pay attention to prerequisites and when courses are offered, complete your first math and English courses in your first year. For help, see Transfer Steps and Resource Center at www.TransferVirginia.org.
- Connect with an advisor at your community college and Radford University within your first year. College Connect available in your account of www.TransferVirginia.org.

IS THIS DEGREE RIGHT FOR ME?

- The Physical and Health Education Teacher Education (PHETE) program prepares students for PreK-12 teaching positions. PHETE students experience traditional classroom learning on campus and hands-on, experiential training in local schools which culminates in the student teaching experience during the final semester. Successful program completion leads to teaching licensure in the Commonwealth of Virginia.
- Health and Physical Education has been listed in the top ten teaching endorsement areas with critical shortages by the Virginia Department of Education for 2025-2026.
- The median salary for people with this degree in Virginia is \$59,000

WHAT IS THE IMPACT ON MY DEGREE OF WORK I HAVE ALREADY COMPLETED?

- **Associate Transfer Degree Completion:** Completion of the transfer-oriented degree program will satisfy the REAL Curriculum (lower division/general education) requirements.
- **Dual Enrollment – Completion of Associate Degree in HS:** Students completing the associate degree in high school should apply using the freshman application. If admitted, the student will receive the benefits associated with the transferable associate degree (as noted above).

- **Credit for Prior Learning:** Specific course credit will only be added to a student record once official scores are received and evaluated by the Office of Admissions. An official Joint Services Transcript should be sent for evaluation of specific military credit.
- **Catalog Year:** Students will be subject to the catalog in effect at the time of enrollment at RU unless otherwise requested.

IS THIS COLLEGE RIGHT FOR ME?

- Main campus is located in the city of Radford and our Radford University Carilion campus is located in Roanoke. RU is well-known for strong faculty/student bonds, vibrant student life and a commitment to student support.
 - Situated in the stunning landscape of southwest Virginia, there are plenty of nearby opportunities to explore the outdoors.
 - With 70+ bachelor's degree programs across a variety of disciplines, the classes at Radford are hands-on and designed to help you prepare for your chosen career path.
 - Transfer students have the option to live on-campus or off-campus within the local area.
 - Over 80% of students receive some form of financial aid.
 - 16 Division I teams and 300+ student organizations.
- Learn more about our university at www.TransferVirginia.org

DID YOU KNOW THAT...

- Completing your Associate transfer degree post-high school satisfies all lower division general education requirements and increases the chance of completing your bachelor's degree?
- Exceeding 3 years or 90 credits at your community college means you may have exhausted your financial aid at that college and have limited your future financial aid at Radford University?

WHAT CAN I DO WITH THIS DEGREE?

Explore possible careers, salaries, and job outlook at www.TransferVirginia.org

PROGRAM SUCCESSES & HIGHLIGHTS

- Educator preparation programs are accredited by the Council for the Accreditation Education Programs (CAEP).
- Educator preparation programs recognized among the Top Education Colleges for 2024 – 2025 by *Colleges of Distinction* for the fourth consecutive year.
- Available scholarship dollars annually for education majors: \$200,000+.
- 100% of student teachers successfully pass required licensure assessments.
- Learn more about our program here: <https://vimeo.com/772040821/4d6063d99d>.

WHAT ARE MY CHANCES FOR GETTING ACCEPTED?

- Of students who apply, usually about 65% of transfer applications are accepted to Radford University and about 80% of the entering transfer class comes from the Virginia Community College System
- Learn more about applying at www.TransferVirginia.org

DO MORE WITH YOUR DEGREE!

- Beyond the required coursework, students in this degree enjoy opportunities to enhance and supplement their learning with participation in a variety of organizations and activities, including:
- Membership in the Virginia Association of Health, Physical Education, Recreation, and Dance (VAHPERD).

- Travel to the VAHPERD state conference each November.
- Attendance and participation in national professional development workshops led by award-winning physical educators on campus.
- Leadership roles during the annual “Physical Exercise and Activity for Kids” camp for children on campus.
- Opportunities to present at “Family Fitness and Wellness Nights” in local schools.

OTHER THAN CLASSES, ARE THERE OTHER PROGRAM REQUIREMENTS?

- Passing Scores on Praxis II: Health and Physical Education: Content Knowledge (5857) and any other required VDOE licensure assessment prior to student teaching.
- Support provided for preparation for licensure assessments.
- Vouchers to cover the costs of assessments available.
- Maintain a minimum 2.5 GPA on professional education coursework and to enter student teaching.